

# The Three Eagles

## While you wait

**Lemon & garlic marinated olives (gf) 5.5, Bread and oils, olive oil and balsamic vinegar 6, Nachos with fajita seasoning, sour cream, salsa, jalapenos, molten cheese 5.95**

**All three 14.95**

## Small plates and Starters

**Jerk chicken skewers mango salsa, chipotle mayonnaise (gf) 8**

**Beetroot hummous toasted pumpkin seeds, red pepper, crostini & smoked paprika (vg) 6**

**Roasted parsnip soup chilli oil, cumin seeds, crusty baguette & butter (v) 6**

**Chicken liver parfait apple, ale & chilli chutney, toasted brioche 8**

**Crispy whitebait lemon & dill mayonnaise (gf) 6.5**

**Corn ribs with togarashi seasoning, lime & chilli sauce (v) (gf) 6.5**

**Garlic and sundried tomato flatbread za'atar, molten mozzarella (v) 6**

## Sandwiches served 12pm-5pm

**Fish butty battered haddock, tartare sauce, lettuce, pickles, mayo, skinny fries or house salad 13**

**Steak sandwich red onion jam, mustard mayonnaise, rocket, skinny fries 14**

## Main courses

**Beer battered haddock hand cut chips, mushy peas, tartare sauce (gf) 16.95**

**Creamy mushroom & spinach linguine chestnut mushrooms, lemon, parsley, cheddar crumb & white wine sauce (v) 13**

**Caesar salad smoked bacon, white anchovies and aged parmesan 10**

*add grilled chicken breast + 7.5*

**Butternut squash & apricot tagine lemon & pine nut cous cous, coriander yogurt (vg) (gf) 14**

**Chicken cacciatore pan fried chicken breast, tomato, basil & green olive sauce, roasted aubergine, fine beans (gf) 17**

**Herbivore burger panko coated beetroot, red pepper and quinoa burger, lettuce, tomato, guacamole, relish on a seeded charcoal bun, skinny fries or house salad (v) (vg) 14.95**

**Coley & sweetcorn chowder with mussels, lemon & dill, crusty ciabatta 15**

**Welsh beef burger smoked back bacon, BBQ pulled pork, Swiss cheese, lettuce, tomato, smoked aioli, skinny fries or house salad 16**

**Slow cooked feather blade of Welsh beef charred leeks, onion and bacon jus, truffle and parmesan chips (gf) 20**

## Grill

*All served with confit cherry tomatoes, skinny fries & smoked garlic aioli*

**Stanley Jones Butchers 28 day aged Welsh rump steak (gf) 22.5**

**Charred bacon chop honey & mustard glaze (gf) 19**

**Welsh lamb rump with chimichurri (gf) 18**

*add garlic prawns + 5.5*

## Sauces

**Stilton sauce 2.5 Peppercorn sauce 3 Garlic and parsley butter 2.5 Bourbon BBQ sauce 1.95**

### Sides

**Seasonal green vegetables smoked sea salt (gf) 3.5**

**Garlic & herb mash (gf) 4.5**

**House mixed dressed salad (gf) 3.5**

**Caesar salad wedge with white anchovies 5**

**Hand cut chips or skinny fries with smoked aioli (gf) 4**

**Loaded chilli fries togarashi seasoning, sriracha, red chillis (gf) 4.5**

**Loaded smoky pig fries bacon and smoked aioli (gf) 4.5**

**Loaded stilton fries spring onions (gf) 4.5**

### Desserts

**Chocolate orange "cheesecake" biscuit crumb, orange marmalade 7.5**

**Warm vanilla rice pudding with honey stewed plums 7.5**

**Apple & blackberry crumble vanilla ice cream & vanilla custard (gf) 7.5**

**Treacle tart clotted cream 7.5**

**Carrot and pistachio cake caramel glaze, orange sorbet (vg) 7**

**The Three Cheeses three British cheeses served with crackers & seasonal accompaniments 14**

### **Kids menu**

#### Starters

**Carrot and cucumber Jenga red pepper hummous 4**

**Cheesy garlic bread 4**

#### Mains

**Sausage and mash gravy & garden peas 7.5**

**Battered fish chips, lemon and garden peas 7.5**

**Chicken goujons fries and ketchup/BBQ sauce 7.5**

**Cheesy tomato pasta 6**

**Beef burger/cheeseburger brioche bun, skinny fries 7.5**

#### Desserts

**Lemon drizzle cake vanilla ice cream 5**

**Chocolate brownie chocolate sauce, vanilla ice cream 5**

**Ice cream sundae choose 2 scoops - vanilla, chocolate, honeycomb, salted caramel, strawberry, orange sorbet 4.5**

**V – Vegetarian VG – Vegan GF – Gluten Free**

*We are a sustainable dining restaurant, a discretionary 99p has been added to your bill that will plant one tree to off-set the carbon of your visit!*